

## **What's in my Crate? 2024**

**Keebler Graham Crackers:** Enriched flour [Wheat flour, niacin, reduced iron, thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid], Vegetable Shortening (Partially hydrogenated soybean and/or cottonseed oils), sugar, graham flour, honey, molasses, corn syrup, high fructose corn syrup, contains 2% or less of leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), calcium carbonate, salt, artificial flavor

Allergen: CONTAINS WHEAT

### **Baby Carrots**

### **Cheese Sticks (DAIRY)**

**Pretzel Sticks** – Enriched Flour [wheat flour, malted barley, niacin (a “B” vitamin), reduced iron, thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid], salt, corn syrup, yeast, baking soda.

Allergen: Contains WHEAT

**Snickerdoodles** Butter, Sugar, Eggs, Vanilla, flour, baking powder, Salt Allergen: CONTAINS WHEAT & BUTTER (DAIRY)

**Chocolate chip cookies** Butter, Brown sugar, Eggs, Vanilla extract, flour, Baking Powder, salt, Chocolate chips Allergen: CONTAINS WHEAT & BUTTER (DAIRY)

**Oatmeal Raisin Cookies** Butter, Brown sugar, Eggs, Vanilla extract, Oats, Raisins, Flour, Baking Powder, Salt, Cinnamon Allergen: CONTAINS WHEAT & BUTTER (DAIRY)

**GF/Vegan Birdseed Cookies** Coconut Oil, Brown Sugar, Granulated Sugar, Apple Sauce, Vanilla Extract, GF Manini's Flour, Baking Soda, Salt, Cinnamon, Quinoa, Millet, Oats. Allergen: Coconut

**GF/Vegan Chocolate Chip Cookies** Coconut Oil, Brown Sugar, Granulated Sugar, Apple Sauce, Vanilla Extract, Salt, Garbanzo Flour, Baking Powder, Vegan Chocolate Chips Allergen: Coconut

**Wheat Bread:** Water, Yeast, Bran, Brown sugar, Molasses, Canola oil, Salt, Bread flour, Whole wheat flour Allergen: CONTAINS WHEAT

**Schar Artisan white bread:** Water, rice starch, sourdough (water, rice, flour), corn starch, agave syrup, sunflower oil, soy protein, modified cellulose, psyllium seed husks (vegetable fiber), guar gum, millet flour, yeast, sugar, quinoa flour, salt, citrus fiber, honey, calcium citrate, niacin, iron, thiamine, riboflavin. Allergen: SOY

**SunButter:** Sunflower Seed, Sugar, Mono-Diglycerides to prevent separation, Salt, and Natural Mixed Tocopherols to preserve freshness. Allergens: Sunflower SEEDS

**Sliced turkey:** Turkey breast, Salt, Sugar, Sodium Nitrate.

**Gluten Free Cheddar Cheese:** Milk, Salt, enzymes, Annatto Allergen: DAIRY

**Nut Free Hummus:** Garbanzo beans, Minced garlic, Olive oil, Lemon juice, Water, Cumin, Kosher salt, Black pepper, Allergens: citric acid, legumes

**Nut Free Smashed Chickpea Salad:** Green garbanzo beans, roasted vegetables, nut free curry powder blend, vegan mayonnaise.

**Vegan Mayonnaise:** Aqua-Faba, Lemon Juice, canola oil, olive oil, Dijon mustard, white vinegar, salt

**Strawberry jam:** Strawberries, Sugar, lemon Juice, Fruit Pectin Allergen: citric acid

**Kettle Chips:** Potatoes, vegetable oil (safflower and/or sunflower oil), sea salt. Gluten Free

**Tortilla chips:** Whole Grain Corn, Water, Vegetable Oil (contains one or more of the following: Cottonseed Oil, Corn Oil, Palm Oil), Salt, Lime. Gluten Free

**Green or Red Grapes**

**Orange Wedges (Citrus)**