Student Overnight Program
Breakfast and Lunch Menu

Dinner								
	Monday	**Tuesday**	**Wednesday**					
	Penne Pasta	Black Beans or Pinto Beans	IslandWood Pizza					
	Gluten Free Pasta-Barilla	Seasoned Rice	Gluten-free Alternative Gluten Free/Vegan Pizza Crust					
	Veggie Bolognese	Corn & Wheat Tortillas	Dairy-free/Vegan option Flatbread pizza with roasted vegetables					
	Broccoli & Seasonal Vegetable Saute	Seasonal Veggie Slaw	Green Salad with Vegetables					
	Triple Chocolate Brownies	Salsa & Tortilla Chips	Ranch Dressing					
	Gluten, Egg, and Dairy Free Double Chocolate Cake	Vanilla Cupcakes	Oil & Vinegar Dredding					
	2% Milk	Gluten, Egg, and Dairy Free Cupcakes	Vanilla & Chocolate Ice Cream					
	Water	2% Milk	Vegan/Dairy free alternative Oatly Frozen Dessert					
		Water	2% Milk					
			Water					
Breakfast								
	Tuesday	**Wednesday**	**Thursday**					
	Melon, Pineapple or Strawberries cut fruit	Melon, Pineapple or Strawberries cut fruit	Melon, Pineapple or Strawberries cut fruit					
	Scrambles Eggs	Scrambles Eggs	Scrambled Eggs					
	Pork or Chicken Sausage	Bacon or Chicken Sausage	Breakfast potatoes					
	Oatmeal	Breakfast Rolls(housemade dairy and egg free	Oatmeal					
	Granola (housemade, contains Dairy and Egg	Gluten Free Alternative: Gluten Free Toast	Granola (housemade, contains Dairy and Egg					
	Plain yogurt	Oatmeal	Plain yogurt					
	Blueberry muffins(housemade, contains Dairy & Egg	Plain yogurt	Blueberry muffins(housemade, contains Dairy & Egg					
	Gluten, Egg, & Dairy free alternative: Housemade, gluten free muffins	Granola (housemade, contains Dairy and Egg	Gluten, Egg, & Dairy free alternative: Housemade, gluten free muffins					
	Gorilla Munch Cereal (GF, Vegan)	Gorilla Munch Cereal (GF, Vegan)	Gorilla Munch Cereal (GF, Vegan)					
	Power O's Cereal (GF, Vegan)	Power O's Cereal (GF, Vegan)	Power O's Cereal (GF, Vegan)					
	Water	Water	Water					
	Orange Juice	Orange Juice	Orange Juice					