

What's in my Crate? 2022-2023

Keebler Graham Crackers: Enriched flour [Wheat flour, niacin, reduced iron, thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid], Vegetable Shortening (Partially hydrogenated soybean and/or cottonseed oils), sugar, graham flour, honey, molasses, corn syrup, high fructose corn syrup, contains 2% or less of leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), calcium carbonate, salt, artificial flavor

Allergen: CONTAINS WHEAT

Baby Carrots

Cheese Sticks (DAIRY)

Pretzel Sticks – Enriched Flour [wheat flour, malted barley, niacin (a “B” vitamin), reduced iron, thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid], salt, corn syrup, yeast, baking soda.

Allergen: Contains WHEAT

Animal Crackers – Organic Wheat Flour, Milled Cane Juice, Wheat Starch, Expeller Pressed Canola Oil, Natural Vanilla Flavor, Other Natural Flavors, Whey, Sea Salt, Baking Soda, Soy Lecithin.

Allergen: Contains WHEAT, DAIRY, SOY

Snickerdoodles Butter, Sugar, Eggs, Vanilla, flour, baking powder, Salt Allergen: CONTAINS WHEAT & BUTTER (DAIRY)

Chocolate chip cookies Butter, Brown sugar, Eggs, Vanilla extract, flour, Baking Powder, salt, Chocolate chips Allergen: CONTAINS WHEAT & BUTTER (DAIRY)

Wheat Bread: Water, Yeast, Bran, Brown sugar, Molasses, Canola oil, Salt, Bread flour, Whole wheat flour Allergen: CONTAINS WHEAT

Schar Artisan white bread: Water, rice starch, sourdough (water, rice, flour), corn starch, agave syrup, sunflower oil, soy protein, modified cellulose, psyllium seed

husks (vegetable fiber), guar gum, millet flour, yeast, sugar, quinoa flour, salt, citrus fiber, honey, calcium citrate, niacin, iron, thiamine, riboflavin. Allergen: SOY

SunButter: Sunflower Seed, Sugar, Mono-Diglycerides to prevent separation, Salt, and Natural Mixed Tocopherols to preserve freshness. Allergens: Sunflower SEEDS

Sliced turkey: Turkey breast, Turkey broth, Salt, Dextrose, Sodium phosphate

Gluten Free Cheddar Cheese: Milk, Salt, enzymes, Anatto Allergen: DAIRY

Nut Free Hummus: Garbanzo beans, Minced garlic, Olive oil, Lemon juice, Water, Cumin, Kosher salt, Black pepper, Allergens: citric acid, legumes

Mayonnaise: egg yolks, white vinegar, Dijon mustard, kosher salt, lemon juice canola oil, Allergen: EGG, citric acid

Strawberry jam: Strawberries, Sugar, lemon Juice, Fruit Pectin Allergen: citric acid

Baked Tofu: Soybeans, Nigari, Tamari Sauce, onion powder

Cumin, Garlic powder, paprika, chili powder & apple cider vinegar

ALLERGEN: SOY

Kettle Chips: Potatoes, vegetable oil (safflower and/or sunflower oil), sea salt. Gluten Free

Tortilla chips: Whole Grain Corn, Water, Vegetable Oil (contains one or more of the following: Cottonseed Oil, Corn Oil, Palm Oil), Salt, Lime. Gluten Free

Green or Red Grapes

Orange Wedges (Citrus)