

Stick Pretzels (7 lb./Box)

FSA# 26840

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY, NIACIN [A "B" VITAMIN], REDUCED IRON, THIAMINE MONONITRATE [B1], RIBOFLAVIN [B2], FOLIC ACID), SALT, CORN SYRUP, YEAST, BAKING SODA.

Nutrition Facts	
Serving Size 50 pretzels (30g)	
Servings Per Container about 106	
Amount Per Serving	
Calories 110	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 450mg	19%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	